

Pilmeny Older Men's Health & Wellbeing Group

October - December 2019 PROGRAMME

Day: **WEDNESDAY**
 Venue: **NO 15 BUCHANAN STREET**
 Times: **1.30PM – 3.30PM**



**Pilmeny
Development
Project**



A company limited by guarantee with number SC188129

DATE	PROGRAMME	TIME & Venue	TUTOR
Wednesday 2 nd October	Hibs older peoples event	12pm – 4pm	Mary, Claire, Anne
Wednesday 9 th of October	Cooking session	1.30pm – 3.30pm Meeting at Pilmeny Resource Centre	Claire O'Brien
Wednesday 16 th October	Health talk – diet and nutrition	Meeting at Pilmeny Resource Centre 1.30pm – 5.30pm	Claire O'Brien
Wednesday 23 rd of October	Pie and a Movie	1.30pm – 3.30pm Meeting at Pilmeny Resource Centre	Claire on Annual Leave
Wednesday 30 th of October	Trip – Belhaven Brewery	10am – 4pm Meeting @ Leith Community Centre. Kirkgate	Claire O'Brien
Wednesday 6 th November	NEECAG Leith Older Peoples Forum – Gordon Court	Gordon Court 2pm – 4pm	Mary O'Connell
Wednesday 13 th of November	Anne Dockerty – Living Streets	1.30pm – 3.30pm Meeting at Pilmeny Resource Centre	Anne Docherty
Wednesday 20 th of November	Trip – Sea Life Centre	10am – 4pm Meeting @ Leith Community Centre. Kirkgate	Claire O'Brien
Wednesday 27 th of November	Evaluation Funding	1.30pm – 3.30pm Meeting at Pilmeny Resource Centre	Claire O'Brien
Wednesday 4 th of December	NEECAG Leith Older Peoples Forum – Gordon Court	Gordon Court 2pm – 4pm	Mary O'Connell
Wednesday 11 th of December	Christmas Meal	Toby Carvery	Claire O'Brien
Wednesday 18 th December	Christmas Social	1.30pm – 3.30pm Meeting at Pilmeny Resource Centre	Claire O'Brien