

Pilmeny Women's Positive Health Group

April - June 2012 PROGRAMME

Day: **MONDAYS**
 Venue: **NO 15 BUCHANAN STREET**
 Times **1.30PM - 3.30PM**



DATE	PROGRAMME	TUTOR
Monday 2 nd April 2012	DROP IN SESSION Confirm future programme	Anne/Parveen
Monday 9 th April 2012	NO SESSION (Easter Monday public holiday)	-
Monday 16 th April 2012	NO SESSION (Edinburgh Spring public holiday)	-
Monday 23 rd April 2012	Jewellery Session	Mo Airnes PDP
Monday 30 th April 2012	Baked Potato	Parveen
Monday 7 th May 2012	NO SESSION (May Day public holiday)	
Monday 14 th May 2012	Gentle Exercise	Robina Brown Ageing Well
Monday 21 st May 2012	Food Nutrition and Healthy Eating	Mandy Bruce Edin Comm Food
Monday 28 th May 2012	Visiting Greyfriars Kirk (Guided Tour) Don't be late!	Meet Greyfriars Kirk Greyfriars Place <u>at 1.30pm</u>
Monday 4 th June 2012	NO SESSION (Victoria Day/ Jubilee public holiday)	
Monday 11 th June 2012	Social Evaluation and plans for next term	No 15 Buchanan St
Monday 18 th June 2012	Royal Mile Green Yonder Tours Don't be late!	Meet outside John Knox House at <u>1.30pm</u>
Monday 25 th June 2012	Dr Neils Garden Minibus trip	Meet at No 15 Buchanan Street at <u>1.15pm</u> and bus back at 3.45pm