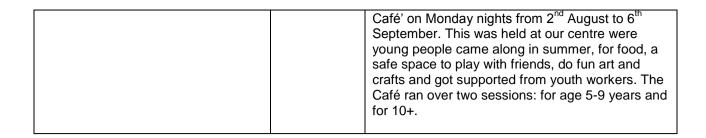
Pilmeny Development Project Youth Work Services Annual Report 2020/21

Target	Achieved	Further information
		social development of young people)
Over 90 Children and young people (5 -16 years), principally in Leith Walk and Leith wards, participate in activities directly linked to priorities		Over 345 children, young people and 61 families received support/ participated in PDP activities during 2020/21
within NE (LIP) > Becoming more meaningfully engaged in their community by participating in 'Youth Talk' engagement model	Not met	There were no NE Locality meetings held during lock down – therefore no opportunity to for young people to engage in youth engagement model We adapted to online work during 2020/21 - ,
Increased access to high quality affordable, play and leisure activities.	Part met	produced and distributed high quality activity packs to individual homes and have arranged programmes of activity/trips over summer 2021, as restrictions allowed (detailed below)
Engagement of 'harder to reach' local young people at risk of anti social behaviour with Community Safety priorities in NE LIP and with Police Scotland. This will be achieved via PDP Universal youth work provisions (detailed below) and additional sessions, as appropriate.	Fully Met	This was achieved via our anti social behaviour group (LOSP) and Police Scotland (detailed within FP1 Report)
Local children and young people (5 -16), have increased levels of activity and engagement in activities through participation in effective local universal youth work programmes:		
1.Junior Youth Club – 25 children (5 – 11 years) (30 weeks x 2 hrs) per year	Fully Met/ Exceeded	We ran three terms of 10 weekly Junior Youth Club sessions (30weeks) with a total of 112 young people taking part throughout 2020/21. The majority of the sessions were held online, however there were some opportunities for groups to meet in person. The club was advertised on PDP website, PDP Facebook, via local primary schools and posters in the local community. Initially there were lower numbers due to our clubs going online, as not all young people had access to devices, Wi-Fi and data, which we had to raise extra funds to provide for those that needed help. Activities included: arts and crafts, health and well-being, scavenger hunt sessions. We would check-in at beginning of each session to see how everyone was doing in lockdown. We also provided additional 1:1 conversations at the end of sessions for young people who required extra emotional support. September – December 2020 term allowed us A combination of online and face-face groups, between Zoom and PDP Resource Centre. This change allowed for staff and young people

		to build stronger relationships and allowed young people the opportunities to build up their soci skills. Sessions included keying making, Halloween Quiz, games such as guess who and Simon says, indoor and outdoor play, Christmas crafts and a Christmas party. January to June 2020 saw us enter another nation lockdown which saw us back on Zoom for this term. The numbers were higher As a lot of young people wanted to engage and enjoyed receiving their activity packs, which we created and delivered to each home in advance of every session. Sessions included: term planning with young people skittles emotions game, celebrating Burns night, decorating pancakes, valentines, St Patrick's themed arts and crafts, superhero challenge, Disney quiz and physical bingo. The Zoo sessions helped young people not to feel isolated, kept them occupied and enabled them to see their friends. We reintroduced face to face Junior Youth Club Sessions in the street, outside our Resource Centre April- June 2021.
2.Senior/Intermediate Youth Club 20 young people (11 – 16 years) (30 weeks x 2hrs) per year	Fully Met/ Exceeded	PDP provided over 30 weekly Intermediate Youth Club sessions for over 146 young people Ap 2020 – June 20221 These weekly sessions were held both online and outside Pilmeny Resource Centre. New times were requested from young people so we operated 4.30pm – 6pm. Young people were given the opportunity to socialise and do activities in a safe and comfortable online environment September – December 2020 – We initially had lov numbers due to Covid-19, lack of IT equipment/data etc as well as the difficulty of trying to engage young people online. We provided a 1-1 service at the end of ZOOM Sessions for young people who required emotional support as this was a key issue for some We began to carry out some outdoor street work Sessions outside PDP Resource centre in Sept/Oct 2020. This was as a result of not many young people engaging online. The young people were happier to be outside even in colder conditions. This enabled them to have a spac to come together in a safe environment. Sessions included Hot chocolate, Halloween Party, fireworks night sparklers and fire safety, Christmas crafts and an end of term party. We also developed outside games by adapting 'Among-us' (an online game) to real life. January to March 2021 saw us enter another natio lockdown which led to sessions going back online for this term. To encourage young peop to come to online sessions, we made it a gaming nig to meet up to play 'Among us'. A lot of young people engaged with these online

		sessions and enjoyed playing it as a group. Other Sessions included: STEM science session with University of Edinburgh, scavenger hur pancake decorating, quiz night and pizza making. April – June 2021 We reintroduced outdoor street work sessions and activities outside PDP Resource centre for the last term before Summer 2021.
3.School Holiday Programme (principally in Leith Walk ward) - 45 children and young people (5 – 16 years). Summer programme x 10 –15 days. Easter and Autumn holiday programme x 3-5 days	Fully Met/ Exceeded	PDP Easter Holiday Provision 2021 was carried out over 1 week in April 21 and provided service for over 60 young people. PDP provided two online sessions over 4 days for ages 5-8 & 8-12yrs. We provided three sessions in person, 3 outdoor sessions,9 Virtual Sessions on Zoom. provided 53 Activity packs and food parcels Each session began with a check in to see how the young people were physically and mentally coping with Covid-19 Lockdown.
3.School Holiday Programme (principally in Leith Walk ward) Cont'd	Fully Met/ Exceeded	We then had fun structured activities to follow the remainder of the session. Activities online were Easter egg decorating, an Easter bingo session, Easter arts and crafts such as making chicks and rabbits and using clay to make among us characters, an Easter Quiz. In person, we created a scavenger hunt with clues to find hidden eggs outside our Resource centre. Being able to meet-up and do outdoor sessions was a highlight for young people, staff and parents.
		PDP Summer Programme 2021 ran for four weeks during the school holidays 30 sessions in total were offered over the summer to 160 children and young people. - 120 from low income - 60 children with ASN - 5 young carers - 5 supported by a child plan Weekly trips out to places such as Dynamic Earth, Ninja Warrior and Edinburgh Community Foo .The other days we will had a mixture of park trips, picnics and summer arts and crafts at our centre. We were able to provide a variety of fruit as healthy snack and also lunch for young people who couldnt afford their own pack lunches. In addition to the playscheme programme we provided trips for our 12+ group (LOSP) and our girls group alternating every second Thursday. These trips ensured engagement with a harder to reach age group and supported our targeted provision while the schools were shut. We provided fun trips to Ninja Warrior, Fox Lake, Five Sister Zoo and Transgression which are trips that our young people wouldn't usually experience, gving them opportunity to try new things. Along side this summer provision we ran a 'Youth



2020/21 saw a number of changes to PDP youth provision due to Covid-19 pandemic. In March 2020 we entered a national lockdown which did not allow for face to face youth work or clubs to take place in situ. We adapted our service to provide digital youth clubs using ZOOM as well as developing and delivering Activity packs along with emergency food parcels, in response to addressing parents and young people identified needs within this community. We reached out and developed stronger relationships with a range of agencies/partners during lockdown including: Edinburgh Community Food, YMCA Edinburgh, Citadel Youth Centre, Edinburgh Remakery, The University of Edinburgh, Heart of Newhaven and local Police Scotland community police officers.

This along with huge unplanned for additional fundraising efforts helped us to provide the extra resources and materials we needed to provide a COVID compliant, continuous seamless service throughout the whole of lockdown – particularly needed as there were no Statutory and Local Authority provisions available. We are extremely proud that we did not stop our services at all during this time.

The additional time, stress and efforts which have been made over the last 18 months of course, has taken its toll on staff, volunteers and lay committee members who have worked tirelessly to meet the local community needs throughout the pandemic – something we hope the Children & Families Dept will bear in mind whilst monitoring our work and performance during this period.

There are huge COVID-19 legacy key issues around Coming out of lockdown/recovery, poverty (money & digital poverty), exclusion, mental health and wellbeing of children, young people and their families in this community.

We are planning to offer a blended range of PDP Youth work provisions in the short and medium term and develop additional contingency plans for a further lockdown – to ensure continuity of PDP service provision.

Support the personal and social development of young people through the delivery of effective universal youth work programmes

Due to COVID-19 pandemic, It was really challenging to find ways to gain service user feedback due to the restrictions. However, we monitored and evaluated information to gather evidence of change in a range of ways, obtaining regular feedback both informally and formally from young people and families to inform our work. We used a variety of qualitative and quantative performance data to evaluate and measure effectiveness, progress, targets and outcomes. Feedback from service users included:

Children and young people (5 -16 years), principally in Leith Walk and Leith wards, participate in activities directly linked to priorities within NE (LIP) Service user feedback activity undertaken included:

Junior Youth Club

Service user feedback activity undertaken included: Sessional recordings, attendance sheets, informal/formal feedback (online, group 1:1 and in person where possible)

Comments from Junior Club young people evaluations:

Q: Enjoyed best:

A: 'getting to actually see my friends online'

"When I come on zoom it makes me feel excited"

Q: Give one word or phrase that describes what PDP Juniors means to you:

A: "seeing friends" 'love' 'happy'

"It feels like my birthday every time a pack comes, especially today we had a party bag."

Senior/Intermediate Youth Club

Service user feedback activity undertaken included: Sessional recordings, attendance sheets, informal/formal feedback (online, group 1:1 and in person where possible)

Comments from Seniors/Inters club young people evaluations:

Q: What do you think of PDP Inters?

A: "Good, Brilliant – We did Bingo that was my favourite"

"I like doing the arts and crafts"

"Yes - they made me happy"

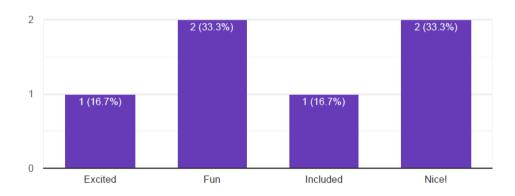
Q: Describe the Inters club sessions in one word:

A: "Kind", "Fun", "Fabby Dabby Doo", "Tremendous", "Fun"

"It makes me happy because I get to see people I have not seen in a long time and I miss them.

Give one word or phrase that describes what Inters means to you or how it makes you feel.

6 responses



School Holiday Programmes

Service user feedback activity undertaken included: Sessional recordings, attendance sheets, informal/formal feedback (in person group and 1:1)

Comments from Holiday Programmes young people and parent evaluations:

"both the kids really enjoyed the activities through the Easter week, it was also good for them to focus on daily, all the extra help that I have received with food parcels and people dropping them off has been overwhelming and I can't thank you all as a team enough, It has been extremely helpful through this tough time and greatly appreciated"

"Loving everything that you guys have done in lockdown and summer"

"Thank you for keeping A entertained over the last few months, she has really enjoyed taking part" "Thank you so much! Quinn and Clark had the best time"

"Thanks so much to all PDP Youth work staff for organizing kids baking activity today. Chelsea loved it and here are her amazing creations"

"It was fabulous - my favourite part was making cupcakes."

Parents feedback: Parents feedback activity undertaken included: Mainly informal feedback (Telephone, online and in person)

Comments from parents:

"I can't believe how grateful I am to PDP Youth worker and her team at Pilmeny Development Project, for holding zoom sessions for the kids throughout this difficult and strange time. I live with 4 children and I suffer daily with a painful disability, so knowing my daughter had these planned sessions just made things so much easier, not only for myself, but for the mental health of my daughter. A bit of normality in these circumstances is what children need, and they were definitely given that from Claire and her zoom sessions. My daughter came away from the session looking so much more relieved, less tense and just happier all round. Thank you so much PDP. I am overwhelmed by your kindness"



Changes/developments in service provision

In response to feedback from young people and parents, we have changed our operational times when onlir and doing face to face sessions to better suit their preferences.

The last 18 months has presented major challenges with clubs being closed and temporarily converting to online groups, whilst trying to support young people who did not have access to digital devices. We are continuing to develop ways to overcome this through a new **Digital Community Connecting initiative**, in partnership with PDP Older Peoples Services Project and Leith Timebank, which aims to combat social isolation through digital inclusion via provision of devices, support how to use them and providing internet access data.

We have also developed (in partnership with YMCA Edinburgh), a new **Girls Mental Health & Wellbeing** initiative that is seeking to address identified gender specific issues which have arisen during COVID-19.

Target	Achieved	Summary of work undertaken	
1. Additional Support Needs (ASN) After School Provision			
20 young people (aged 5-12 years) with ASN attending After School Provision have achieved increased confidence (30 x 2hr weekly sessions per year).	Not met	PDP provided 1-1 support service for young people within the school and developed a targeted after school provision for young people with ASN. Unfortunately due to Covid-19 we could not continue our face to face school group due to	
20 young people (aged 5-12 years) with ASN feel more included and have participated in positive social and learning activities.(30 x 2hr weekly sessions per year).	Part Met	COVID-19 school closures, however 1-1 remote support, including Sensory Activity Packs and family support has been provided throughout. Unfortunately, when schools resumed we were not allowed access to run the group as the school	
20 young people (aged 5-12 years) with ASN have received support (1:1 and in group) to overcome disadvantages and barriers. (30 x 2hr weekly sessions per year).	Part Met	wanted to limit the risk of infection and minimize outside agencies entering the premises. We continue to support the families with food parcels, Christmas gifts, online support and additional sensory Activity packs/resources. We are hoping to be able to resume this service once the schools re-open fully to external agencies.	
2. LOSP (Leith Outdoor Spaces Project)			
30 local young people (aged 13 – 18 years) Leith Walk/Leith wards and NE locality, deemed to be 'at risk of anti social behaviour', being excluded, or at risk of exclusion from school have achieved increased confidence.(30 x 2hr weekly sessions and school holiday programme (minimum 5 – 6 sessions) per year.	Fully Met/ Exceeded	Between Sept 2020-August 2021 LOSP has Operated a blended service of online weekly ZOOM sessions, street work and an informal weekly youth drop-in provision (in line with the vario Lockdown regulations) Throughout 2020/21 we had contact with 54 local young people (13-18yrs)	
30 local disadvantaged young people feel more included and participated in activities within a positive learning environment. (30 x 2hr weekly sessions and school holiday programme (minimum 5 – 6 sessions) per year.	Fully Met/ Exceeded	Sept – Dec 2020 Sessions were lower in numbers initially, as many of the young people didn like being on a video call. We ran online sessions such as baking, Police questions, sport/exercise, PDP Quiz, as well a Munchies and Chill Night. We carried out a few outreach sessions which allow us to connect/support disengaged young people in the community. We used this time to ask the young people what support they wou like if we were to enter into another lockdown. We also set up an outdoor based drop in Provision, which enabled young people to pop by outside the youth centre, for hot chocolate, chats with staff and friends. The outdoor approach attracted our young people and staff had opportunities to have informal Conversations about bullying, mental health, school and relationships. We even had a visit from Community Police who spoke to the young people, and let them ask questions.	
		January to August 2021 As we entered another national lockdown, we used the consultation work undertaken the previous term which had asked young people what Lockdown future	

2. LOSP (Leith Outdoor Spaces Project) cont'd		support they would like ,to set up an 'online drop-in' service using Facebook, WhatsApp and I-Message as our platforms. PDP staff were online between 6.30-8.30pm to chat to young people Our aim was to do regular check ins with young people see how they were doing, how they were coping in lockdown and if they needed any additional support. As a result, we made an emotional mental health pack to support one young person (who is struggling with mental health issues), to help them to try to do some relaxation and mindfulness. We supported the young people within the NEET category, as many were preparing to leave school, but had not made decisions about what they would like to move on to. We also had a lot of our older cohort (16+) message about getting support with finding work as Many we frustrated with being unemployed and finding it hard to get a job in the pandemic. PDF staff provided support for those young people who needed job advice and identify places to look for jobs. Staff supported 1 young pers in getting help with employability and managed to get him weekly allowance and referred him to another agency. The young person was grateful for PDP staff support. Good conversations were also held with young people addition, 3 of our LOSP members helped to volunteer with food deliveries within the community which has a huge impact on their mental health, well-being and personal development.
30 local disadvantaged young people received 1:1 and group support to overcome disadvantages and barriers (30 x 2hr weekly sessions/ school holiday programme (minimum 5 – 6 sessions) per year.	Fully Met/ Exceeded	Initially, we had to adapt to online working due to Coivd-19. This took a while to get everyone engaged online and finding an appropriate platform (Zoom). We had to help the young people t download zoom on devices in order to carry out a session. Overall, 20 weekly sessions (Sept – June 2 and 5 face to face holiday sessions (July-Aug 21) were held with 54 young people. Further development of Leith Early intervention Project/ Pilmeny (LOSP) a diversionary project for 'hard to reach' young people at risk of Offending, including setting up a Facebook / Social media page for LOSP. (see above also)
3. PDP Intergenerational (IG) Project Programme		
25 local young people (aged 8 -18) participating in 'New Spin' IG Project and 30 young people participating in 'Generations' IG project have achieved increased confidence	Fully Met	25 local young and older people participated in New Spin activities between Sept 20 - Aug 21 both online and in person (1 st face to face session in Aug 21) Unfortunately, due to Covid-19 we could not continue our 'Generations' project face to face,

	Part met	as both School and sheltered housing complex were closed down, but we have undertaken some reconfigured service provision (detailed below)
'New Spin'- (30 x 2hr weekly sessions and 3 x holiday activities per year)	Fully met	Between Sept 2020 – August 2021 New Spin ran 21 weekly online sessions and 1 face to face holiday trip which provided a wide range of intergenerational opportunities and activities.
'Generations' – (18 x 2hr sessions per year)	Part met	Between Sept 2020 – August 2021 We have provided over 30 regular weekly Telephone befriending calls, home delivered Activity Packs and letters between 'Generations' young and older people throughout all 3 lockdowns.
3. PDP Intergenerational (IG) Project Programme cont'd		
25 local young people (aged 8 -18) participating in 'New Spin' IG Project and 30 young people participating in 'Generations' IG project have participated in activities within a positive learning environment: 'New Spin'-(30 x 2hr wkly sessions and 3 holiday activities per year)	Fully met	New Spin- We had to adapt to online working due to Coivd-19. It took some time to get everyone engaged online and raising additional functo provide IT equipment, data, support to help some of the older people get online. This enabled us to have contact and create a positive online learning environment for some of the group. For others, we created a regular
and 3 holiday activities per year)		New Spin newsletter (posted to every member), provided weekly telephone Befriending and food parcels for those that require it. In addition, we produced weekly sessional activity packs for the online sessions which were delivered to each home prior to the session. This enabled us to do a wide range of great activities including: virtual Halloween Diwali, Christmas, virtual bingo, music, seated exercises, Easter, Baiskhi, Science sessions Cell marbling, plant growth etc.
'Generations' – (18 x 2hr sessions per year)	Part met	Unfortunately, due to Covid-19 we could not continue our 'Generations' project face to face, as both School and sheltered housing complex were closed down, but we have undertaken reconfigured service provisions (see above)
25 local young people (8 -18) participating in 'New Spin' IG Project and 30 young people participating in 'Generations' IG project have received 1:1 and group support to overcome disadvantages and barriers 'New Spin'-(30 x 2hr weekly sessions and 3 x holiday activities per year) 'Generations' – (18 x 2hr sessions per year)		New Spin- As mentioned earlier, due to Coivd-19 we had to overcome additional barriers faced by young and older people. We had to find ways to get everyone engaged online. We had to raise additional funds to provide IT equipment, data etc. We had to provide support to help some of the ASN young people and older people get online. We had to devise non digital ways to engage participants via telephone, newsletters, Activity packs etc.
		Unfortunately, due to Covid-19 we could not continu our 'Generations' project face to face, as both Scholand sheltered housing complex were closed down, I we have undertaken some reconfigured service provision (see above)

Due to COVID-19 pandemic, It was really challenging to find ways to gain service user feedback due to the restrictions. However, we monitored and evaluated information to gather evidence of change in a range of ways, obtaining regular feedback both informally and formally from young people and families to inform our work. We used a variety of qualitative and quantative performance data to evaluate and measure effectiveness, progress, targets and outcomes. Feedback from service users included:

1. Additional Support Needs (ASN) After School Provision - service user feedback

Service user feedback activity undertaken included: Telephone/online feedback

"When I come on zoom it makes me feel happy and safe."

"Thank you for all the packages and zoom calls"

"It feels like my birthday every time a pack comes, especially today we had a party bag."

2. LOSP (Leith Outdoor Spaces Project) - service user feedback

Service user feedback activity undertaken included: Sessional recordings, attendance sheets, informal/formal feedback (online, group 1:1 and in person where possible), case studies. Comments from LOSP young people evaluations:

'We done activities every week which I really enjoyed, the project also supplied us with juice and food' I really enjoyed participating in this project as it gave us the opportunity to meet new friends, participate in activities, learn new life skills and was like a second family'

'The project was a fun place to go every week we also connected with the youth workers' 'I've learnt valuable life skills from being involved like cooking skills that I could take and adapt on'

3. PDP Intergenerational (IG) Project Programme – service user feedback

Service user feedback activity undertaken included: Sessional plans/recordings, attendance sheets, informal/formal feedback (online, group 1:1, evaluation questionnaires)

Comments from New Spin evaluations:

Q: Learnt or enjoyed from New Spin?

A: Young People

'Getting to mix with the older generation' 'Doing loads of arts and crafts' 'Getting to have a laugh with everyone'

Older People

'That it is possible to stay in touch during lock down 'How kind people really are' 'Generations can work together'

'Making things' 'Art' 'Meeting others!'

Q: One word that describes what New Spin means to you?

A: "Friendship" "Essential" " Happy"

Changes/developments in service provision

In response to feedback from young people, we have changed our operational times when online and Undertook street work/outdoor face to face sessions to better suit their preferences.

The last 18 months has presented major challenges with clubs being closed and temporarily converting to online groups, whilst trying to support young people who did not have access to digital devices. We are continuing to develop ways to overcome this through a new **Digital Community Connecting initiative**, in partnership with PDP Older Peoples Services Project and Leith Timebank, which aims to combat social isolation through digital inclusion via provision of devices, support how to use them and providing Internet access data.

We have also developed (in partnership with YMCA Edinburgh), a new **Girls Mental Health & Wellbeing** Initiative that is seeking to address identified gender specific issues which have arisen during COVID-19.



Pilmeny's response to COVID-19 23rd Mar 2020 - 31st Mar 2021



Older People and Carers

54 new referrals
to our Risk Register of older people who

to our Risk Register of older people who live alone or may have additional needs

5,643 calls made for befriending/contact service

2,576 newsletters

distributed to socially isolated older people

1,068 Activity Packs. Inc. Afternoon Tea, St Andrew's Day Packs, Mindfullness and much more.

107 Virtual/ Social Distance meetings with 647 Participants

Young People and families

48 new referrals

1,324 one-to-one

contact made to vulnerable young people

Plus over 200 Calls to parents

836 resource packs

including activity packs, school packs and sensory packs

142 Virtual Youth Clubs
Plus 19 Intergenerational
& 32 Outdoor Sessions

with **1,251** Participantss

Christmas 2020

110 Christmas Afternoon Teas 180 Personalised Gifts 200 Christmas Cards

72 Personalised Gifts from Cash for Kids & Leith Gives

596 older people & 345 families
Food Parcels and ready meals provided
Plus food bank vouchers, shopping and food collections



62 fantastic amazing local volunteers

