



LEITH TIME BANK
PART OF THE EDINBURGH **timebanknetwork**

List of skills provided by Leith Time Bank Members

Music	History of Blues	Singing
	DJing	Guitar Lessons
Food/Drink	Wine Appreciation	Baking
	Cooking	Cake decorating
Body	Massage	Teach about the benefits of herbs/food for healing
	Soft gymnastics	Running/walking
Recruitment	Teaching interview skills/techniques	CV/Cover Letter writing
Home	Minor DIY	Gardening
Pet	Cat sitting	Dog Walking
Office	Proof reading	Computer Skills
Transport	Bike repair	Car washing
Language	Spanish	Polish
	Italian	German
Craft	Knitting	Drawing Lessons
	Glass Staining	Sewing

The scope of what can be exchanged via a Time Bank is only limited by what is offered. If there is a skill you would like to receive, please do not hesitate to contact me and I will do my best to make a match.

Anna Reid

Pilmeny Development Project, 19-21 Buchanan St, Leith EH6 8SQ

Email: admintimebank@btconnect.com

Tel: 0131 553 2559

Mobile: 07534 805 512